



Instructions for a Myocardial Perfusion Scan

Bateman's Bay Regional Nuclear Imaging

www.nuclearimaging.com.au

Name: _____

Appointment:

Date: _____ Time: _____

Your doctor would like you to have a **Myocardial Perfusion Scan**. This is a simple and safe test to investigate known or suspected disease in the coronary arteries, which supply blood to the heart.

Please report to the **Bateman's Bay Regional Nuclear Imaging**

22-24 Pacific Street Batemans Bay, NSW

If you cannot attend on the day, please call the Department to make another appointment



The phone number is: (02) 44726012

Procedure: This test has two parts: **REST** and **STRESS**

REST: You are given an injection of radioactive tracer, which is taken up by heart muscle and scanned 20 minutes after injection.

STRESS: Stress part involves either exercise or administration of drug called Persantine, to increase blood flow to the heart muscle. You are closely monitored by a doctor and by ECG, during the stress test. During the stress test you will be injected with radioactive tracer. After the stress test there is a resting period of half an hour where you've been given a cup of tea or coffee. Then a second set of pictures are taken.

Preparation: **NO CAFFEINE** (tea, coffee, coca cola, chocolate, decaffeinated coffee, herbal tea, etc) for **24 HOURS** before the test.

STOP BETA BLOCKERS for 24 hours before the test

Bring any recent test results, such as x-ray, CT scan.

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact us before your appointment if:

- you are or may be pregnant
- you are breast feeding