

# Instructions for a Bone Scan

## Shoalhaven Nuclear Imaging



[www.nuclearimaging.com.au](http://www.nuclearimaging.com.au)

Name: \_\_\_\_\_

Appointment:

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Your doctor would like you to have a **Bone Scan**. The test is to evaluate bony pathologies.

Please report to the **Shoalhaven Nuclear Imaging Department**

**Standish Medical Centre, 4/33 Berry Street, Nowra NSW**

**If you cannot attend on the day, please call the Department to make another appointment time.**



The phone number is: **(02) 44231944**

**Procedure:** You are given an injection of a radio-active tracer, which is taken up by your bones. You are immediately scanned for approximately 15 minutes, and **asked to return to the Department 2 hours later, for delayed pictures.** You are asked to have 2-3 glasses of water before coming back for delayed pictures.

**NOTE: Test can take around 4-5 hours to be completed.**

**Preparation:** You can eat and drink as normal. You should continue to drink throughout the day.

Bring any recent test results, such as **x-ray, CT scan or MRI.**

**An important note for women having Nuclear Medicine Scans:**

As with any test using radiation, you must contact us before your appointment if:

- you are or may be pregnant
- you are breast feeding