

Instructions for a Thyroid Scan

Shoalhaven Nuclear Imaging

www.nuclearimaging.com.au



Name: _____

Appointment:

Date: _____ Time: _____

Your doctor would like you to have a **Thyroid Scan**. The study helps to assess the function of the thyroid gland.

Please report to the **Shoalhaven Nuclear Imaging Department**

Standish Medical Centre, 4/33 Berry Street, Nowra NSW

If you cannot attend on the day, please call the Department to make another appointment time.



The phone number is: **(02) 44231944**

Procedure: You are given an injection of radioactive tracer, and asked to wait 20 minutes, before being scanned. The total test takes 30-45 minutes. Continue with daily activities as normal.

Preparation: Stop thyroxine tablets for 12 days and anti-thyroid medications for 2 weeks. Please inform us if you have had a contrast injection for CT or other radiological tests in the last 6-12 weeks.

Bring any recent test results, such as **x-ray, CT scan or MRI.**

An important note for women having Nuclear Medicine Scans:

As with any test using radiation, you must contact us before your appointment if:

- you are or may be pregnant
- you are breast feeding